

# Deployment Health Assessments

**U.S. Armed Forces**

**March 2011**

(Data through February 2011)

Armed Forces Health Surveillance Center

# Update: Deployment Health Assessments, U.S. Armed Forces, March 2011

Since January 2003, peaks and troughs in the numbers of pre- and post-deployment health assessment forms transmitted to the Armed Forces Health Surveillance Center generally corresponded to times of departure and return of large numbers of deployers. Between April 2006 and February 2011, the number of post-deployment reassessment (PDHRA) forms per month ranged from 15,600 to 46,900 (Table 1, Figure 1).

During the past 12 months, the proportions of returned deployers who rated their health as “fair” or “poor” were 8-10% on post-deployment health assessment questionnaires and 11-14% on PDHRA questionnaires (Figure 2).

In general, on post-deployment assessments and reassessments, deployers in the Army and in reserve components were more likely than their respective counterparts to report health and exposure-related concerns (Table 2, Figure 3). Both active and reserve component members were more likely to report exposure concerns three to six months after, compared to the time of return from deployment (Figure 3).

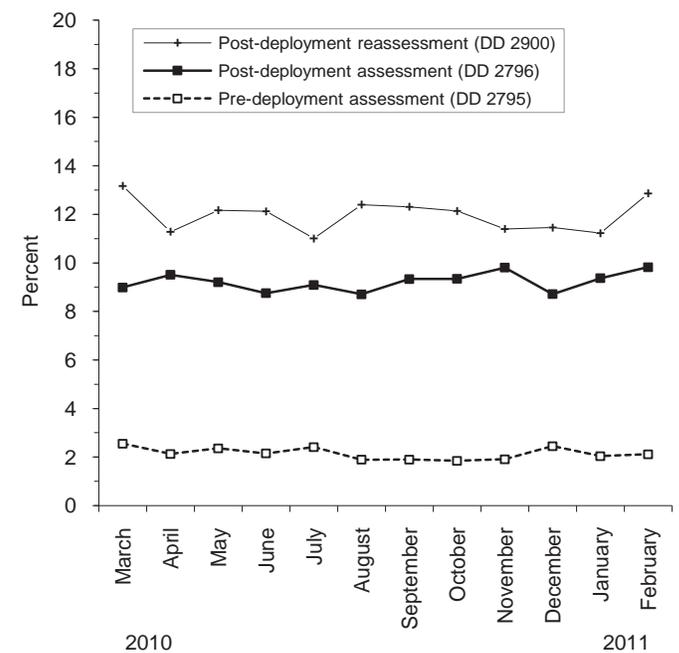
At the time of return from deployment, soldiers serving in the active component were the most likely of all deployers to receive mental health referrals; however, three to six months after returning, active component soldiers were less likely than Army Reservists to receive mental health referrals (Table 2).

Finally, during the past three years, reserve component members have been more likely than active component service members to report “exposure concerns” on postdeployment assessments and reassessments (Figure 3).

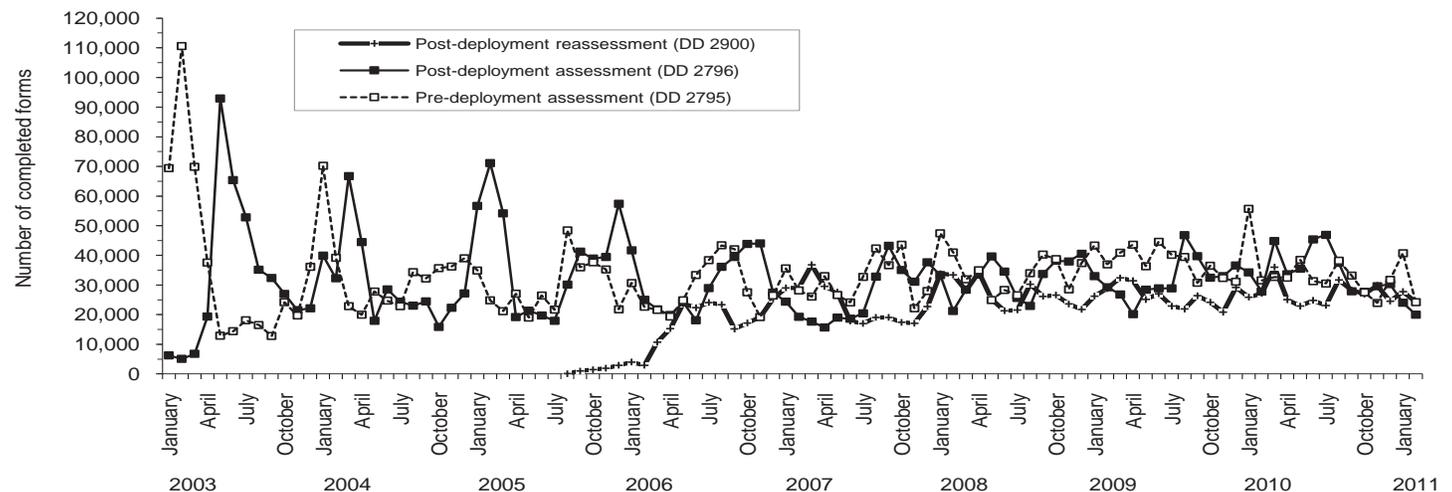
**Table 1.** Deployment-related health assessment forms, by month, U.S. Armed Forces, March 2010-February 2011

	Pre-deployment assessment DD2795		Post-deployment assessment DD2796		Post-deployment reassessment DD2900	
	No.	%	No.	%	No.	%
<b>Total</b>	<b>385,060</b>	<b>100</b>	<b>403,231</b>	<b>100</b>	<b>325,079</b>	<b>100</b>
<b>2010</b>						
March	32,708	8.5	44,851	11.1	36,015	11.1
April	32,499	8.4	33,633	8.3	25,035	7.7
May	38,500	10.0	35,482	8.8	22,881	7.0
June	31,305	8.1	45,401	11.3	24,802	7.6
July	30,488	7.9	46,914	11.6	23,094	7.1
August	38,205	9.9	37,464	9.3	31,713	9.8
September	33,215	8.6	27,920	6.9	28,243	8.7
October	27,506	7.1	27,726	6.9	26,909	8.3
November	23,969	6.2	29,590	7.3	29,816	9.2
December	31,750	8.2	30,259	7.5	24,524	7.5
<b>2011</b>						
January	40,734	10.6	24,002	6.0	27,787	8.5
February	24,181	6.3	19,989	5.0	24,260	7.5

**Figure 2.** Proportion of deployment health assessment forms with self-assessed health status as “fair” or “poor”, U.S. Armed Forces, March 2010-February 2011



**Figure 1.** Total deployment health assessment and reassessment forms, by month, U.S. Armed Forces, January 2003-February 2011



Data Source: Defense Medical Surveillance System

**Table 2.** Percentage of service members who endorsed selected questions/received referrals on health assessment forms, U.S. Armed Forces, March 2010-February 2011

Active component	Army			Navy			Air Force			Marine Corps			All service members		
	Pre-deploy DD2795	Post-deploy DD2796	Reassess DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassess DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassess DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassess DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassess DD2900
	n=	n=	n=	n=	n=	n=									
	143,500	133,533	130,033	15,416	16,124	14,742	59,509	53,034	51,146	31,131	32,204	30,780	249,556	234,895	226,701
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
General health "fair" or "poor"	3.6	9.9	13.8	1.0	4.6	6.1	0.4	3.4	4.1	1.4	7.9	10.8	2.4	7.8	10.7
Health concerns, not wound or injury	11.4	26.0	25.0	3.0	12.2	15.2	1.5	5.6	11.1	2.3	12.7	20.3	7.4	18.6	20.6
Health worse now than before deployed	na	21.7	23.3	na	11.8	13.8	na	8.4	8.7	na	18.0	21.4	na	17.5	19.1
Exposure concerns	na	21.7	20.5	na	20.2	22.2	na	10.0	14.3	na	17.9	26.9	na	18.4	20.1
PTSD symptoms (2 or more)	na	9.3	11.3	na	6.2	8.7	na	2.5	2.9	na	8.4	11.7	na	7.5	9.3
Depression symptoms (any)	na	30.6	32.2	na	22.7	25.5	na	13.2	13.6	na	26.3	32.5	na	25.5	27.6
Referral indicated by provider (any)	4.9	34.6	29.9	3.4	21.9	18.6	2.0	12.9	7.3	1.9	22.4	32.1	3.8	27.1	24.4
Mental health referral indicated <sup>a</sup>	1.4	7.6	17.1	0.4	3.2	6.3	0.6	1.5	2.3	0.2	2.3	6.7	1.0	5.2	11.6
Medical visit following referral <sup>b</sup>	99.3	99.6	98.6	89.4	90.8	91.8	85.7	96.5	98.1	53.3	79.2	93.8	93.4	97.0	97.2

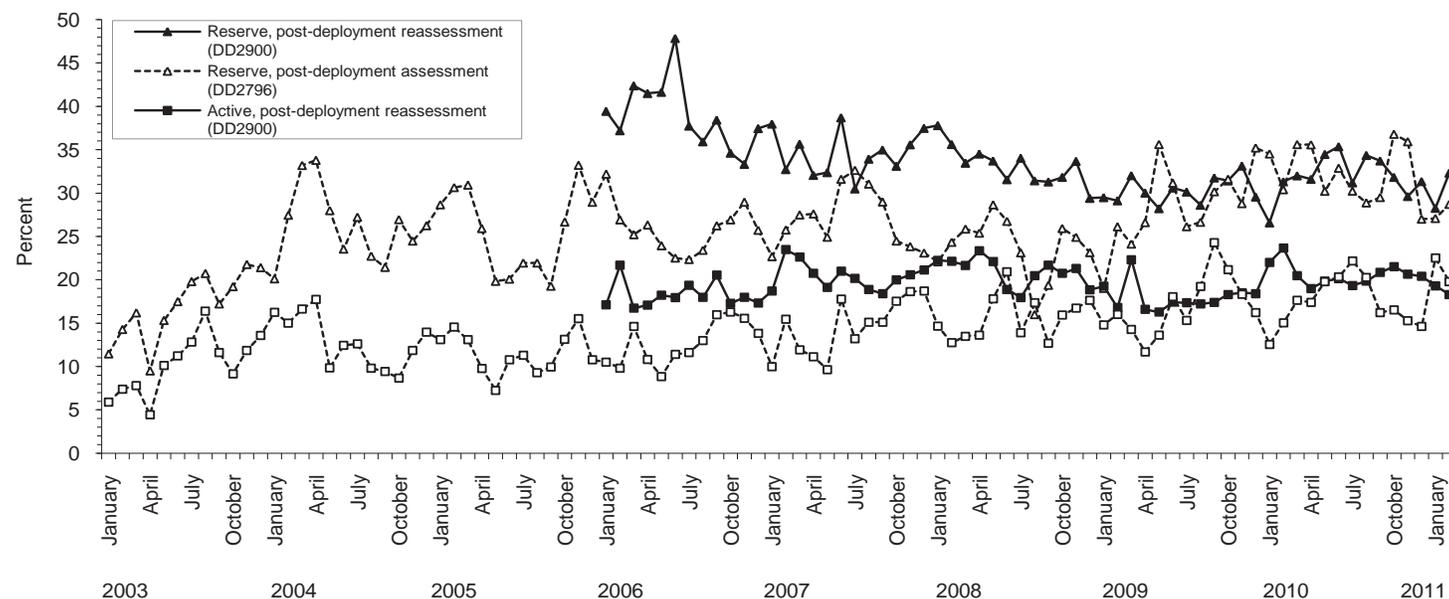
  

Reserve component	Army			Navy			Air Force			Marine Corps			All service members		
	Pre-deploy DD2795	Post-deploy DD2796	Reassess DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassess DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassess DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassess DD2900	Pre-deploy DD2795	Post-deploy DD2796	Reassess DD2900
	n=	n=	n=	n=	n=	n=									
	55,543	70,636	68,230	4,788	4,807	5,324	15,557	14,216	15,288	2,264	1,814	5,919	78,152	91,473	94,761
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
General health "fair" or "poor"	0.9	11.9	16.6	0.4	10.6	10.7	0.3	5.3	5.6	1.1	9.6	10.0	0.8	10.8	14.1
Health concerns, not wound or injury	18.1	36.2	43.2	1.7	32.2	32.1	0.6	9.5	16.5	2.2	20.9	36.2	13.1	31.5	37.8
Health worse now than before deployed	na	26.4	31.8	na	23.2	21.3	na	13.8	11.9	na	28.9	25.9	na	24.3	27.6
Exposure concerns	na	33.0	34.4	na	52.0	36.4	na	16.7	21.9	na	24.6	32.5	na	31.3	32.4
PTSD symptoms (2 or more)	na	9.9	18.9	na	6.8	13.0	na	3.1	3.6	na	10.3	14.3	na	8.7	15.8
Depression symptoms (any)	na	30.3	34.1	na	28.4	25.6	na	15.6	14.8	na	35.1	28.0	na	28.0	30.1
Referral indicated by provider (any)	3.2	38.9	41.5	3.0	35.9	26.3	0.5	17.3	10.4	2.7	40.0	35.6	2.6	35.4	35.2
Mental health referral indicated <sup>a</sup>	0.3	5.1	16.1	0.2	3.2	8.4	0.1	1.1	2.2	0.2	3.3	12.2	0.3	4.4	13.2
Medical visit following referral <sup>b</sup>	86.5	98.6	41.4	96.5	98.3	48.5	71.4	70.3	49.3	59.1	59.2	39.7	86.4	95.9	41.9

<sup>a</sup>Includes behavioral health, combat stress and substance abuse referrals.

<sup>b</sup>Record of inpatient or outpatient visit within 6 months after referral.

**Figure 3.** Proportion of service members who endorsed exposure concerns on post-deployment health assessments, U.S. Armed Forces, January 2004-February 2011



Data Source: Defense Medical Surveillance System